

NORTHWOOD HIGH SCHOOL  
September 2020 Menu

Monday September 7	Tuesday September 8	Wednesday September 9	Thursday September 10	Friday September 11
<p><u>Choose 1</u></p> <p style="font-size: 2em; font-weight: bold; text-align: center;">Labor Day</p>	<p><u>Choose1</u></p> <p>Chicken Tenders BBQ Pork Sandwich Grab and Go Salad</p>	<p><u>Choose 1</u></p> <p>Ravioli Hot Dog Sandwich Grab and Go Salad</p>	<p><u>Choose 1</u></p> <p>Fish Wedge Hamburger Sandwich Grab and Go Salad</p>	<p><u>Choose 1</u></p> <p>Pepperoni Pizza Roast Beef and Cheese Sandwich Grab and Go Salad</p>
<p><u>Sides</u></p>	<p><u>Sides</u></p> <p>Corn Tossed Salad Celery Stix w/ Peanut Butter Mandarin Oranges Tropical Fruit Fresh Fruit</p>	<p><u>Sides</u></p> <p>Green Beans Tossed Salad Cucumbers w/Dip Baked Apples Pears Fresh Fruit</p>	<p><u>Sides</u></p> <p>Sweet Potato Fries Tossed Salad Tomatoes w/Basil Peaches Applesauce Fresh Fruit</p>	<p><u>Sides</u></p> <p>Baked Beans Tossed Salad Peppers and Dip Pineapple Mixed Fruit Fresh Fruit</p>
<p><u>Milk</u></p>	<p>Milk Bread/Butter</p>	<p>Milk Bosco Stick</p>	<p>Milk Cornbread</p>	<p>Milk</p>
<p><u>Breakfast</u></p>	<p><u>Breakfast</u></p> <p>Mini Donuts</p>	<p><u>Breakfast</u></p> <p>Pizza</p>	<p><u>Breakfast</u></p> <p>UBR's</p>	<p><u>Breakfast</u></p> <p>French Toast w/Syrup</p>

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Breakfast is served from 7:20 am to 8:00 am in the cafeteria serving area

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<b>Monday September 14</b>	<b>Tuesday September 15</b>	<b>Wednesday September 16</b>	<b>Thursday September 17</b>	<b>Friday September 18</b>
<u><b>Choose 1</b></u> Teriyaki Chicken w/Rice Tenderloin Sandwich Grab and Go Salad	<u><b>Choose 1</b></u> Mac and Cheese w/Smokies BBQ Pork Rib Sandwich Grab and Go Salad	<u><b>Choose 1</b></u> Corndogs Toasted Cheese Sandwich Grab and Go Salad	<u><b>Choose 1</b></u> Taco Bar Turkey Bacon Club Grab and Go Salad	<u><b>Choose 1</b></u> Buffalo Chicken Pizza Cheese Pizza Sloppy Joe Sandwich Grab and Go Salad
<u><b>Sides</b></u> Broccoli Tossed Salad Carrots and Dip Mandarin Oranges Tropical Fruit Fresh Fruit	<u><b>Sides</b></u> Roasted Squash Tossed Salad Celery w/Peanut Butter Pears Blueberries Fresh Fruit	<u><b>Sides</b></u> Green Beans Tossed Salad Cucumbers and Dip Peaches Applesauce Fresh Fruit	<u><b>Sides</b></u> Bean Dip Tossed Salad Strawberry Yogurt Fluff Sherbet Fresh Fruit	<u><b>Sides</b></u> Corn Tossed Salad Pineapple Mixed Fruit Fresh Fruit
<u><b>Milk</b></u> Bread/Butter	<u><b>Milk</b></u> Bread/Butter	<u><b>Milk</b></u>	<u><b>Milk</b></u>	<u><b>Milk</b></u>
<u><b>Breakfast</b></u> Pancake Wrap w/Syrup	<u><b>Breakfast</b></u> Mini Donuts	<u><b>Breakfast</b></u> Pizza	<u><b>Breakfast</b></u> French Toast Stix w/Smokies	<u><b>Breakfast</b></u> Bacon Egg Cheese Sandwich

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Monday September 21	Tuesday September 22	Wednesday September 23	Thursday September 24	Friday September 25
<u>Choose 1</u> Tilapia Cheeseburger Grab and Go Salad	<u>Choose 1</u> Lasagna Grilled Chicken Sandwich Grab and Go Salad	<u>Choose 1</u> Orange Chicken Meatball Sub Sandwich Grab and Go Salad	<u>Choose 1</u> Chicken Fajitas Turkey/Ham/Cheese Sub Sandwich Grab and Go Salad	<u>Choose 1</u> Cheesy Bread w/Marinara Fish Sandwich Grab and Go Salad
<u>Sides</u> Broccoli Tossed Salad Carrots and Dip Coleslaw Mandarin Oranges Tropical Fruit Fresh Fruit	<u>Sides</u> Green Beans Tossed Salad Celery w/PB Blueberry Yogurt Dessert Pineapple Fresh Fruit	<u>Sides</u> Sweet Potato Fries Tossed Salad Cucumbers and Dip Apricots Pears Fresh Fruit	<u>Sides</u> Black Beans Tossed Salad Tomatoes w/Basil Peaches Frozen Fruit Cups Fresh Fruit	<u>Sides</u> Peas Tossed Salad Peppers and Dip Applesauce Mixed Fruit Fresh Fruit
<b>Milk</b> Cornbread/Butter	Milk Garlic Bread	Milk Bread/ Butter	Milk	Milk
<b>Breakfast</b> French Toast Bites w/Syrup	<b>Breakfast</b> Mini donuts	<b>Breakfast</b> Pizza	<b>Breakfast</b> Omelet/Toast	<b>Breakfast</b> Baked Oatmeal/Muffin

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<b>Monday September 28</b>	<b>Tuesday September 29</b>	<b>Wednesday September 30</b>	<b>Thursday October 1</b>	<b>Friday October 2</b>
<p><b><u>Choose 1</u></b> Chicken and Noodles w/mashed potato Hot ham and Cheese Sandwich Grab and Go Salad</p>	<p><b><u>Choose 1</u></b> Spicy Chicken Tenders Panther Burger Grab and Go Salad</p>	<p><b><u>Choose 1</u></b> Fish Nuggets Chicken Filet Sandwich Grab and Go Salad</p>	<p><b><u>Choose 1</u></b> Turkey Gravy w/Biscuit Uncrustable PB&amp;J Grab and Go Salad</p>	<p><b><u>Choose 1</u></b> French Bread Pizza Sloppy Joe Sandwich Grab and Go Salad</p>
<p><b><u>Sides</u></b> Broccoli Tossed Salad Carrots and Dip Mandarin Oranges Tropical Fruit Fresh Fruit</p>	<p><b><u>Sides</u></b> Cauliflower Tossed Salad Celery w/PB Peaches Pears Fresh Fruit</p>	<p><b><u>Sides</u></b> Carrots Tossed Salad Cucumbers and Dip Pineapple Baked Apples Fresh Fruit</p>	<p><b><u>Sides</u></b> Edamame Tossed Salad Sherbet Frozen Fruit Fresh Fruit</p>	<p><b><u>Sides</u></b> French Fries Tossed Salad Mixed Fruit Applesauce Fresh Fruit</p>
<p><b><u>Milk</u></b> Bread/Butter</p>	<p><b><u>Milk</u></b> Bread /Butter</p>	<p><b><u>Milk</u></b> Cornbread/Butter</p>	<p><b><u>Milk</u></b></p>	<p><b><u>Milk</u></b></p>
<p><b><u>Breakfast</u></b> Sausage Egg Cheese Biscuit</p>	<p><b><u>Breakfast</u></b> Mini Donuts</p>	<p><b><u>Breakfast</u></b> Pizza</p>	<p><b><u>Breakfast</u></b> Pancakes/Syrup</p>	<p><b><u>Breakfast</u></b> Sausage Egg Cheese Burrito</p>

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